



GETTING THERE AND WHERE TO STAY

BAIONA



FARO SUMMIT 2026

FUTURE ALLIANCE FOR RESILIENT OCEANS

19 – 20 NOVEMBER 2026 · VIGO · BAIONA

1. THE EVENT AT A GLANCE

On 19 and 20 November, FARO Summit 2026 brings together ports, institutions, businesses and the scientific community in Baiona around the blue economy, coinciding with the tenth anniversary of the Port of Vigo's Blue Growth Plan. This guide contains everything you need to plan your trip, your accommodation and your travel during those days.

When / what	Where
Thu 19 and Fri 20 — Professional forum	Parador de Baiona

Parador de Baiona (Parador Conde de Gondomar)

- Address: Monterreal s/n (postal address: Avenida Arquitecto Jesús Valverde, 3), 36300 Baiona, Pontevedra.
- Phone: +34 986 355 000 · baiona@parador.es · paradores.es
- What it is: a 4-star hotel with 122 rooms set inside the walled fortress of Monterreal, on Monte Boi, a peninsula that encloses the bay of Baiona. The grounds have 3 km of walkable ramparts with views of the ría and the Cíes Islands.



Monte Real Club de Yates de Baiona

- Address: Recinto del Parador Nacional, Av. Arquitecto Jesús Valverde, 2, 36300 Baiona, Pontevedra.
- Phone: +34 986 38 50 00
- What it is: one of the most prestigious yacht clubs in Spain, located in the seafaring town of Baiona (Pontevedra), Galicia.

Baiona is 22 km from Vigo (25–30 min), 32 km from Vigo airport (30–35 min), 120 km from Santiago de Compostela (1 h 30) and 125 km from Porto (1 h 45). The Portuguese border is 30 km away.

2. HOW TO GET TO BAIONA

Summary of the most common routes. Details of each one are given in the following sections.

Starting point	Distance / time	Recommended option
Vigo Airport (VGO)	32 km · 30–35 min	Taxi or private transfer to Baiona. The most convenient option.
Santiago Airport (SCQ)	120 km · 1 h 30	Hire car; or Monbus coach to Vigo and taxi/transfer to Baiona.
Porto Airport (OPO)	125 km · 1 h 45	ALSA or FlixBus coach from the terminal itself to Vigo, then taxi/transfer to Baiona.
Madrid	AVE 3 h 55 – 4 h 25	Train to Vigo-Urzáiz and taxi/transfer to Baiona (25–30 min).
Vigo (city, train or bus)	22 km · 25–30 min	Taxi, private transfer or Lugove bus line 2.

2.1 By air

Vigo–Peinador Airport (VGO) — the closest

32 km from Baiona, about 30–35 minutes via the A-55 / VG-20 and the AG-57 motorway. It is the most practical option and the one we recommend to international speakers who can connect via Madrid, Barcelona or Lisbon.

- **Taxi:** rank outside arrivals, no booking needed during flight hours. The ride to the Parador costs approximately €50–75 (the airport's official flat fare of €25.50 covers only Vigo, Mos and Redondela; Baiona is not included). Radio Taxi Vigo +34 986 272 829 · Central Radio Taxi +34 986 470 000.
- **Car hire:** Avis, Enterprise, Europcar and Sixt have desks in the terminal.
- **Public transport:** there is no direct bus between the airport and Baiona. You would need to take Vitrasa line A to Vigo-Urzáiz station (€1.63, every 36 min, 25–30 min journey) and then the bus to Baiona. Between an hour and a half and two hours in total: cheap, but not advisable with luggage.

Santiago de Compostela–Rosalía de Castro Airport (SCQ)

120 km away, 1 h 25 – 1 h 35 by car via the AP-9 (toll motorway) to Vigo and then the AG-57. It has more international connections than Vigo.

- **Hire car:** the most efficient option from Santiago. All the major companies operate in the terminal.
- **Public transport:** direct Monbus coach from the airport to Vigo Intermodal Station (1 h 35, around €10–13); from there, taxi or bus to Baiona. Alternatively: bus to Santiago city centre and train to Vigo-Urzáiz (57 min for the fastest service).
- **Direct taxi:** possible but expensive; ask for a fixed quote in advance.

Porto Francisco Sá Carneiro Airport (OPO)

125 km away, 1 h 35 – 1 h 45 by car. An excellent gateway for international speakers: it offers many more European flights than Vigo and has direct coach links to Vigo from the terminal itself.

- **Direct coach from the terminal:** ALSA runs more than twenty daily Porto–Vigo services stopping at the airport (about 3 h 30). FlixBus offers around seven daily connections from the airport (about 2 h 45, from €13). Both arrive at Vigo Intermodal Station, next to Urzáiz train station.
- **Hire car:** take the A-28 or A-3 to Valença (border) and then the A-55 to Vigo. Important: Portuguese tolls on the A-28 and A-25 are electronic, with no barriers. Vehicles with foreign plates must register in the system (Easytoll) or carry a Via Verde device; check with the rental company that the vehicle includes it.
- **Private transfer:** available, around €170–220 per vehicle. Contact the organisers if you would like it coordinated with other speakers.

MIND THE TIME DIFFERENCE

Portugal is one hour behind Spain. If you leave Porto at 14:00 Portuguese time, it will be 15:00 in Baiona. Bear this in mind when calculating your arrival.

2.2 By train

Vigo - Urzáiz (high-speed)

Vigo's main station and the arrival point for high-speed trains. It is part of the Vialia complex on Praza da Estación and shares a building with the intermodal bus station, so you can change to the bus to Baiona without going outside.

Origin	Journey time	Notes
Madrid-Chamartín	3 h 55 – 4 h 25	Four daily services (AVE and Avlo).
Santiago de Compostela	from 57 min	Several daily services.
A Coruña	approx. 1 h 30	
Ourense	approx. 50 min	Connection with the Madrid line.
Pontevedra	approx. 20 min	

Bookings and timetables at [renfe.com](https://www.renfe.com). Urzáiz is 22 km from the Parador de Baiona: taxi (€30–40, 25–30 min) or Lugove bus line 2 from the bays of the intermodal station, in the same building.

Vigo-Guixar (line to Portugal)

Vigo's other station, 1.5 km from Urzáiz, next to the port. Regional trains and the Celta train linking Vigo and Porto depart from here. Note: Guixar and Urzáiz are not connected by train; you need to go by taxi (about €6–8) or on foot (about 20 minutes, uphill).

Due to infrastructure works, between April 2026 and April 2027 the Celta train is replaced by a bus on the section between Vigo and Valença do Minho, at the border. There will therefore be no direct Vigo–Porto train in November 2026.

For participants travelling from Portugal we recommend the ALSA or FlixBus coach, which is more frequent and faster. Check cp.pt before buying a ticket.

2.3 By bus

- **Vigo Intermodal Station:** Praza da Estación, 1 — 36201 Vigo (Vialia complex, next to Urzáiz train station). It has been the city's only bus station since December 2022; the old station on Avenida de Madrid is closed, although some international tickets still refer to it. Check the address printed on your ticket.
- **From Porto:** ALSA and FlixBus, as detailed above.
- **From Madrid and other Spanish cities:** daily ALSA and Monbus services.
- **Vigo – Baiona:** Lugove line 2 (A Guarda – Baiona – Vigo), departing from bays 14 to 18 of the intermodal station. The journey takes 50 to 70 minutes depending on the route, and a ticket costs around €2–3. The winter timetable has services throughout the day, more frequent at peak times. Up-to-date timetables at lugove.gal and bus.gal.

The most convenient stop in Baiona is the one in the centre (harbour area), about a 10–15-minute walk from the Parador, ending with a climb up the ramp to the walls. It is not comfortable with luggage: if you arrive by bus, take a taxi from the Baiona rank or let the organisers know.

2.4 By car

- **From Vigo and the airport:** VG-20 and the AG-57 “do Val Miñor” motorway to the Sabarís/Baiona exit. The toll for the full route is approximately €1.70 for cars (fares frozen in 2026). There are no petrol stations along the motorway.
- **From Santiago, A Coruña or Pontevedra:** AP-9 (toll) to Vigo, then VG-20 and AG-57.
- **From Portugal:** A-3 or A-28 to Valença (border), then the A-55 (toll-free dual carriageway) to Vigo; then VG-20 and AG-57.
- **Toll-free alternative:** the PO-552 coastal road links Vigo and Baiona via Nigrán and Panxón. It is slower and windier, but much more scenic.

3. ARRIVING AT THE PARADOR AND ACCESS TO MONTERREAL

- The Parador is inside the walled grounds of the Monterreal fortress, reached by a narrow road that climbs up from the town and passes through the gate in the walls. Access to the grounds is controlled; they are open every day, approximately from 10:00 to 22:00.
- If you are staying at the Parador: you can drive up to the hotel, which has its own guest car park and a 24-hour reception. Tell the barrier attendant that you are a guest.
- If you are not staying at the Parador: there is a token charge to enter the grounds (around €1 on foot and €5 by vehicle). The organisers will manage access for accredited participants; you will receive specific instructions with your accreditation.
- By taxi: taxis can drive right up to the Parador entrance.
- On foot from Baiona centre: about 800 metres, 10–15 minutes, with a final climb. The surface is stone and can be slippery in the rain: wear closed shoes with good soles.

The road up to Monterreal is narrow and passes through a gate in the walls. Coach transfers are coordinated by the organisers; if you plan to arrive with a large vehicle or bulky material, let us know in advance so we can arrange access and an unloading slot.

4. WHERE TO STAY

November is low season in the Rías Baixas, which helps with prices and availability. However, Baiona has few hotels and the summit itself will fill many of them: we recommend booking as soon as possible and always confirming by phone or email before finalising your plans. Prices shown are indicative for November and should be confirmed with each establishment.

Official venue: Parador de Baiona ★★★★★

The forum venue and the recommended accommodation for speakers and moderators: sleep, breakfast and work all in the same place, with no travel needed. 122 rooms inside the Monterreal fortress.

- **Bookings:** +34 986 355 000 · baiona@parador.es · paradores.es
- **Indicative price:** around €95–160 per room per night in low season, depending on room type and board.
- **Important:** the organisers hold a block of rooms for speakers. Before booking yourself, please write to the event's technical secretariat to confirm whether your accommodation is covered and which booking code to use.



Hotel Boutique Faro Silleiro

A restored lighthouse on the cliffs of Cabo Silleiro, 8 minutes' drive from Baiona. A very small, high-end establishment (packages from around €330 with breakfast). A car or transfer is needed to get anywhere.

- **Bookings:** +34 986 499 483 · reservas@farosilleirohotel.com · farosilleirohotel.com

Alternatives in Baiona town centre

All less than a twenty-minute walk from the Parador. Apart from the Parador, Baiona has no other four-star hotel: the local options top out at these three- and two-star establishments, some of them full of charm.

Establishment	Cat.	To the Parador	Contact and notes
Hotel Bahía Bayona	★★★	1.5 km · 18 min walk	+34 986 385 004 · hotelbahiabayona.com — Opposite Santa Marta beach, with views of the ría. Private paid parking. Approx.: €70–110.
Hotel Pazo de Mendoza	★★	800 m · 10 min walk	+34 986 358 198 · pazodemendoza.com — 1769 manor in the historic centre, only 11 rooms. Approx.: €90–140.
Hotel Tres Carabelas	★★	750 m · 10 min walk	+34 986 355 441 — On Ventura Misa street, the main axis of the old town. Approx.: €55–90.
Hotel Anunciada	★★	750 m · 10 min walk	+34 986 356 018 · smilehoteles.es — On Ventura Misa, with its own café. Approx.: €55–90.
Hotel Carabela La Pinta	★	700 m · 10 min walk	+34 986 355 107 — Budget option. Call ahead to confirm availability.

In the surrounding area

Establishment	Cat.	To the Parador	Contact and notes
Talaso Atlántico (Oia)	★★★★★	14 km · 15–20 min	+34 986 385 090 · talasoatlantico.com — Seafront resort with a thalassotherapy centre. The best four-star alternative to the Parador. Approx.: €110–180.
Hotel Miramar (Praia América, Nigrán)	★★★★	7 km · 10–12 min	+34 986 350 227 · miramarhoteles.es — Beachfront. Check it is open in November. Approx.: €70–110.
Hotel Val Convention (Nigrán)	★★★	8 km · 12–15 min	+34 986 127 070 · hotelvalconvention.com — Modern hotel geared to conferences. Approx.: €65–100.
Hotel Arce (Sabarís, Baiona)	★	3 km · 5–7 min	+34 986 386 060 · hotelarce.com — Small and very well rated. Approx.: €50–80.
Hotel Vasco da Gama (Sabarís)	★	3 km · 5–7 min	+34 986 353 350 · hotelvascodagama.es — Breakfast and parking included. Approx.: €45–75.

In Vigo city

A sensible option for those arriving by AVE at Urzáiz, wishing to combine the forum with visits to the Port of Vigo, or preferring a city atmosphere. It means a 25–30-minute drive to Baiona each day.

Establishment	Cat.	To Urzáiz	Contact and notes
Gran Hotel Nagari Boutique & Spa	★★★★★	1.2 km · 15 min walk	+34 986 211 111 · granhotelnagari.com — The city's finest hotel, on Praza de Compostela. Approx.: €140–220.
NH Collection Vigo	★★★★	700 m · 8–10 min walk	+34 986 433 643 · nh-hotels.com — The closest to the train station. Approx.: €110–170.
Hotel Bahía de Vigo	★★★★	1.3 km · 16 min walk	+34 986 226 700 · hotelbahiadevigo.com — Opposite the ferry terminal and the port. Approx.: €100–160.
Hotel Ciudad de Vigo	★★★★	1.1 km · 14 min walk	+34 986 227 820 · ciudaddevigo.com — Central, next to Concepción Arenal. Approx.: €90–150.

5. GETTING AROUND BAIONA AND THE AREA

5.1 Taxi

Baiona is a town of about 12,000 inhabitants with a small number of taxi licences. In November, out of season, do not count on hailing a free taxi in the street, especially at night: the usual practice is to book one by phone in advance.

Service	Phone	Notes
Baiona taxi rank	+34 986 355 389	Rúa Alférez Barreiro, near the centre.
Taxi Baiona (24 h, booking only)	+34 623 728 618	Night service by booking only
Taxi Baiona — Esteban Amorín	+34 606 244 664	
Radio Taxi Vigo	+34 986 272 829	Serves the airport.
Central Radio Taxi Vigo	+34 986 470 000	Serves the airport.

Indicative fares: Vigo airport → Baiona, €50–75 · Vigo centre or Urzáiz station → Baiona, €30–40. Intercity journeys may carry a return surcharge and night or public-holiday supplements; agree the fare before getting in.

About Uber, Cabify and Bolt

- They are not a reliable option in this area. Cabify and Bolt do not operate in Vigo; Uber has a limited presence and no municipal authorisation. Plan with a pre-booked taxi or the organisers' transfers.

5.2 Bus

- **Baiona – Vigo:** Lugove line 2 (A Guarda – Baiona – Vigo) and its variants. 50 to 70 minutes, tickets around €2–3, services throughout the day on weekdays and reduced frequency at weekends. Arrives at and departs from Vigo Intermodal Station, in the same building as Urzáiz train station. Timetables at lugove.gal.
- **Vigo airport – Vigo city centre:** Vitrasa line A, every 36 minutes, €1.63 per ticket, 25–30-minute journey.
- **Baiona – Oia – A Guarda:** covered by variants of the same line 2, with very few services a day. For group excursions a chartered coach is preferable.
- **Timetables:** lugove.gal · bus.gal · vitrasa.es

5.3 Parking in Baiona

- **Aparcadoiro A Palma:** Avenida Arquitecto Jesús Valverde, at the foot of Monterreal next to the marina. Open 24 hours, number-plate recognition entry, maximum height 2.75 m. Around €2.15 per hour, with passes and online booking.
- **Blue zone:** short-stay parking in Baiona is free but a parking disc is compulsory, Monday to Friday 9:00–14:00 and 16:00–20:00, and Saturday mornings, with a one-hour maximum. Discs are available free of charge at the Concello (town hall), the tourist office and many shops.
- **Free parking:** Os Tendais, Rompeolas, the area around the Liceo Marítimo and Santa Marta–Ladeira, all a 5–15-minute walk from the centre. In November there is plenty of space.
- **At the Parador:** its own car park for hotel guests, inside the walled grounds.

5.4 Car hire

Avis (902 180 854), Enterprise (902 100 101), Europcar (911 505 000) and Sixt (871 180 192) operate at Vigo airport, all with desks in the terminal. For a three- or four-day stay with the programme concentrated at the Parador, a car is not essential: it is only worthwhile if you plan to travel independently to Vigo, Oia, A Guarda or inland.

5.5 Distances

Route	Distance	By car
Baiona – Vigo city centre	22 km	25–30 min
Baiona – Vigo-Urzáiz station	22 km	25–30 min
Baiona – Vigo airport (VGO)	32 km	30–35 min
Baiona – Hotel Faro Silleiro (Cabo Silleiro)	7 km	8 min
Baiona – Portuguese border (Tui/Valença)	30 km	30 min
Baiona – Santiago airport (SCQ)	120 km	1 h 30
Baiona – Porto airport (OPO)	125 km	1 h 45

6. PRACTICAL INFORMATION

November weather and what to wear

Baiona in November is mild but damp and windy. Highs are around 15–16 °C and lows around 8–9 °C: it is not wintry cold, but it rains often and the wind blows along the seafront. We recommend a raincoat or waterproof windbreaker, light layers and closed shoes with good soles: the historic quarter and the Monterreal walls are paved with stone and get slippery in the rain. An umbrella is of little use in the wind.

Key facts

Item	Details
Currency	Euro (€). Cards and contactless payment are widely accepted. There are cash machines in Baiona centre; it is a good idea to carry some cash for small establishments.
Electricity	230 V, 50 Hz. Type F (Schuko) and Type C plugs, with two round pins. Visitors from the United Kingdom, Ireland, the United States, Canada or Japan will need an adapter.
Time zone	CET (UTC+1) during the summit. Portugal is one hour behind.
Languages	Spanish and Galician, both official. Signs and place names are in Galician: Baiona, rúa (street), praza (square), concello (town hall), saída (exit). English is spoken at the Parador and in the tourism sector; less so in local shops and taxis.
Tipping	Not compulsory and not added to the bill. It is customary to round up or leave 5–10% in restaurants if the service has been good.
Emergencies	112 (single European emergency number, service in Spanish, Galician and English) · 061 medical emergencies · 091 National Police · 062 Guardia Civil · 092 Local Police.
Health	Centro de Saúde de Baiona, Rúa Venezuela 8, +34 986 357 239. Main hospital: Álvaro Cunqueiro (Vigo), 30 km away. Pharmacies on Estrada de Santa Marta, Praza Pedro de Castro and in Sabarís, with a rota for out-of-hours service. EU participants: bring your European Health Insurance Card; others: travel insurance with medical cover.
Tourist office	Rúa Arquitecto Jesús Valverde s/n, +34 986 687 067, oficinadeturismo@baiona.gal



Future Alliance for Resilient Oceans